



# Hearing Conservation

## How loud is loud?

|     |   |
|-----|---|
| 140 | Immediate danger to hearing: gunshot, jet engine at takeoff |
| 125 | Pain threshold: air raid siren, firecracker                 |
| 120 | Risk of damage in seven minutes: rock concert, sandblasting |
| 115 | Risk of damage in 15 minutes: baby's cry, jet skis          |
| 110 | Risk of damage in 30 minutes: snowmobile from driver's seat |
| 105 | Risk of damage in one hour: jackhammer, helicopter          |
| 100 | Risk of damage in 2 hours: chain saw, stereo headphones     |
| 80  | Non Action Motion Picture Scenes                            |
| 30  | Faint sound: whisper  |